



DISCOUNTS AND PRIVILEGES 2023

Île de Montréal

Enjoy Hundreds of
Dollars in Savings!

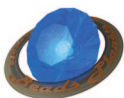
Benefit even more
from your card



Région
île de Montréal



BOOKSTORES AND SHOPS



Beads Planet Inc.

Save 10% on a wide variety of jewellery making materials.

This offer cannot be combined with any other promotion.

7348 St-Hubert, Montréal

514 223-1000

beadsplanete.com

flamme  en rose®

15% on all jewelry

in store or on the website and on all creation and transformation services.

620 Cathcart, suite 820, Montréal

514 439-8404

flammeenrose.com

**LA CANTINE
POUR TOUS**

Enjoy a 15% discount

on frozen meals. Order online or by phone.

Code promo : FADOQMONTREAL

1 833 457-0958

lacantinepourtous.org/en/delivery

 **L'ÉQUIPEUR**

Get 10% off everything in store upon presentation of the L'Équipeur discount card* and the FADOQ membership card*.

Purchase the L'Équipeur discount card at www.fadoq.ca in the clothing category discount section.

**Presentation of a valid FADOQ membership card and L'Équipeur discount card is required.*

The discount applies to purchases by the FADOQ member and his guests in his presence. It only applies to regular prices and in-store purchases. If an item is on sale, the lower price will be applied. Excludes gift cards.

lequipeur.com

 **CampusDiscount**

270 Quebec, Canadian, American and European publications available.

Save up to 90% !

18 science and nature titles

11 cooking, dining and wine titles

53 titles for children

514 982-0180

rabaiscampus.com/rc/



Terra Coffee & Ariel Tea

15% discount on all regular-priced Terra Coffee & Ariel Tea products.

Code promo : 15TERRAFDQ

290 Port Royal West, Montréal

514 381-2571

terraca.ca



Get 10% off Yellow shoes!

so easy! FADOQ members and their companions get 10% off* on shoes, boots, and accessories at all Yellow stores across Quebec.

**Payment must be made in store. Valid on regular-priced merchandise only. Cannot be combined with any other offer. Offer does not apply to shoe care products. Offer not available on the chaussuresyellow.com website.*

chaussuresyellow.com



ELECTRONICS



INSERTECH

TECHNOS ET ENGAGÉS

Special fadoq combo at \$400

(value \$590). A professionally refurbished laptop. A docking station. 30 minutes of online support to help you get started with your computer.

10% on refurbished computers, repairs and computer lessons.

4820 Molson Street, Montréal

514 596-2842

insertech.ca/Fadoq





HOUSING



Save 30%

on all lampshades in store.

9230 Avenue du Parc, Montréal

514 746-1000

abatjour-design.com



Save 20%

on all premium paint.*

**Discount offered on premium Bétonel Dulux paint.*

1 888 238-6635

betonel.com

ABAT-JOUR ILLIMITÉS
L A M P S H A D E S

51% discount*

on all lamp shades in store.

**Offer does not apply to handpainted scrolls and custom orders.*

4875 Jean-Talon West, Montréal

514 344-8555

abatjourillimites.ca

**boardwalk**

Rent an accommodation today and get a meal voucher valid for the month at our restaurant*.

**Certain conditions apply.*

400 Place Juge Desnoyers, Laval

450 499-0139

bwalk.com



ANDRÉ LEMIRE,
Sutton Real Estate Agent

1% off the commission rate.

514 255-0666

andrelemireimmobilier.com



ELISABETH MOSER
Real Estate Broker—Via Capitale
du mont Royal

Do business with me and receive an iPad for the sale or purchase of a property.

514 660-8807

immo.moser@gmail.com

Hydro Solution

Up to \$75 off*
for FADOQ members!

FADOQ members get a \$50 credit on their first invoice for any new purchase or rental of a water heater*. Discount is available with a 12-month commitment, where the discount will be spread over 12 months.

In addition to the \$50 credit already granted to FADOQ members, an additional reduction* of \$25 will be granted to members who are also holders of a home insurance policy with Intact Insurance, and who opt for purchase or on the "Rental PLUS" membership for a new water heater.

**This offer is available on territories served by HydroSolution.*

Applicable taxes not included.

This offer is not valid for the replacement of a water heater that is already rented.

This discount cannot be combined with any other promotion.

The additional \$25 reduction is granted only on a new purchase or on the "Rental PLUS" membership for a new water heater.

Rental: Discounts are available with a 12-month commitment, where the discount will be spread over 12 months.

HydroSolution may modify or cancel this offer without notice.

514 353-0077
hydrosolution.com



IBIS INSPECTIONS

15% rebate

on pre-sale, pre-purchase or preventive home inspections. The price of inspection may differ from property to property depending mostly on its ages.

514 692-5258
ibisinspections.com



Save 10%

on steel doors, patio doors and PVC, hybrid and aluminium windows.

11375 54e avenue, Montréal

514 648-1215
manicaluminium.com



Save 15%

on all laminate floors at regular prices. Offer does not apply to vinyl, hardwood, engineered wood, membranes, products in promotion, delivery and installation.

1645 Autoroute Laval, Laval

450 686-0888
flor-laminate-floor.ca





HEALTH — BEAUTY



20% on all treatments and regular-priced packages at all Amerispa and Moment Spa centres and thermal and Nordic experiences at Amerispa Nordic spas.

1 866 263-7477
amerispa.ca

Dolorès Da Sylva,
massothérapeute

10% off massages.

6902 rue de Touraine, Montréal
514 256-9365
doloresdasylda.com



10% off

all regular priced products: foot orthotics, braces, compression stockings and garments, medical equipment, sleep apnea, home care and shoes.

1 866 525-3757
medicus.ca

greiche & scaff

professionnels de la vue

4 exclusive offers reserved for FADOQ members:

\$25 additional rebate* applicable on the "SECOND PAIR FOR \$1" promotion

25% off ** the purchase of a complete pair of eyeglasses: frame and coated lenses from our exclusive designer collections.

15% off ** the purchase of a pair of sunglasses or prescription eyeglasses from our collection of international designer brands.

10% off the regular price with the purchase of an annual supply of disposable contact lenses.

*Upon presentation of your valid FADOQ membership card, *receive an additional \$ 25 discount on the "second pair at \$ 1" promotion. With the 2nd pair offer for \$ 1, buy any pair of complete glasses from our collection of Exclusive brands with a frame and premium coated lenses, and receive a second pair from the same Exclusive collection and of identical value or less for only 1 dollar!*

***Discounts applicable on the regular price, these offers cannot be combined. Subject to change without notice. Jacinthe Laurendeau, Optician.*

1-877-667-2020
greiche-scaff.com/en



**ANDREA
JOY PETIT**
DENTUROLOGISTE

5% on all services.

89 Don Quichotte Blvd.,
Office 6, Île-Perrot

514 453-2350

andreajoypetitdenturo@gmail.com



Chiropractic physical examination, all necessary x-rays, examination report with explanation of results, and 60 minutes of **massage therapy for \$95.**

You must show your FADOQ membership card.

4877 Avenue du Parc, Montréal

514 507-7555

parcsante.ca



Marie-Eve Dubuc

\$5 discount

son all types of foot care.

514 998-6596

evepodologue@outlook.com



15% off online

with your promotional code and

25% off

on thermal experience Monday to Thursday, on site only.

Code promo : FADOQ15

1 877 761-2772

stromspa.com



EXCLUSIVITIES FOR FADOQ MEMBERS

Free hearing screening*

25% on the price of batteries — **50%** on batteries for holders of the Groupe Forget Privilege card

25% upon the renewal of the Groupe Forget Privilege card

10% on the price of accessories and repairs

In addition to these benefits, Groupe Forget offers

a rebate of \$150 or \$225 on a maintenance kit.

** Permanent offer. Certain conditions apply, details in clinics.*

514 379-5254

groupeforget.com



Only for those at least 50 years young!

FADOQ FreeSpace® is a home and automobile insurance program **exclusively for members of the Réseau FADOQ**. Take advantage of the Intact Insurance offer, including:

- Insurance premium **discounts**
- **Reduced deductibles** in case of a claim
- **S.O.S. Identity® protection at no extra charge¹** if you bundle your home and car insurance

To find out about all the benefits available, call your insurance representative today, or call 1 866 477 5050.

OFFICIAL INSURER OF
THE RÉSEAU FADOQ

intact.ca



¹In case of identity theft, S.O.S. Identity® protection provides up to \$25,000 of insurance to cover expenses you incur to restore your identity. Offers are subject to change without notice. This advertisement is for information purposes only. Your insurance policy contract takes precedence at all times. Please consult your policy for a description of coverage and exclusions. For more information about this offer and Intact Insurance products, please contact your insurance representative or go to intact.ca. © 2020, Intact Insurance Company. All rights reserved.



Because everyone is different

Our advisors have personalized solutions for you.



**Health
and accident
insurance**

Up to 24%* off

Life insurance

Up to 4%* off

**Investment
and retirement**

Free customized
financial plan



**Visit ssqcabinet.ca/en/fadoq
or call us at 1-866-225-5050**

* Certain conditions, restrictions and exclusions may apply. The 4% discount applies only to life insurance with no medical exam.

Advice for life insurance, health and accident insurance, and investment and retirement products are offered by the financial security advisors of SSQ Financial Services Firm, a subsidiary of SSQ Insurance.

INSURANCE — FINANCE



Get a **5%** discount on your travel insurance*.

**This exclusive offer is available when you take out insurance through an advisor and from a limited number of insurers.*

Valid FADOQ membership card required.

1 844 770-1212



LEISURE — CULTURE



CHATEAU DUFRESNE
Musée et lieu historique patrimonial

Special rate of \$12

2929 Jeanne-d'Arc avenue,
Montréal

514 259-9201

chateaudufresne.com



Don Quichotte
École d'espagnol

15% discount

on the regular price of group
Spanish courses

2348 Jean-Talon Street East,
Montreal (*Move in 2023*)

514 503-3800

coursespagnoldq.com

CONCERTS
VOXPOPULI
LE CLASSIQUE LIBRE

\$25 discount on the purchase
of a series of 3 concerts (\$100 in-
stead of \$125).

Promo code : voxfadoc22

418 524-8264

concertsvoxpopuli.com

LES GRANDS
EXPLORATEURS **50**
ANS

\$3 discount on the purchase
of a single ticket. Valid in theaters
or online.

514 521-1002

lesgrandsexplorateurs.com



MAISON SAINT-GABRIEL

Musée et site historique

With the purchase of a guided tour, an infusion is offered to you free of charge.

2146 place Dublin, Pointe-Saint-Charles

514 935-8136

maisonsaintgabriel.ca



ORCHESTRE D'HARMONIE
Leonardo Da Vinci

\$5 discount on the price of the adult ticket purchased online.
Promo code: APLV-F1

8370 Lacordaire, St-Léonard

514 809-6025

ohldv.com



10% on the senior rate in effect.

690 Sherbrooke West, Montreal

514 861-6701

musee-mccord-stewart.ca



Preferential rate of \$25
(taxes included) upon presentation of the FADOQ card.
For online purchase, choose the "Réduit" rate.

514 328-7437

auxecuries.com





SERVICES



Free 15-minute consultation.
4621 Saint-Laurent Blvd., Montreal
514 904-4017
amlex.ca



10% discount*
on legal services online (will, protection mandate, general Power of attorney, acknowledgement of debt and estate settlement).

**Excludes the revision of questionnaires by a legal expert.*

scriptalegal.com/fadoq



5% discount
on all of our services of building inspection.
514 286-0550
legault-dubois.ca



Help button
10% discount
son remote monitoring fees.
514 341-6266
info@sosmedic.ca

Lifeline

2 months free
for medical alert services.
No long-term contract.
Promo code: 1229
1 800 543-3546
lifeline.ca



10% on à la carte products and services for FADOQ members and their families.
514 735-2025
urgelbourgjie.com



Ecole de ski Rod Roy

Get \$45 off per person for programs with bus transportation.

Get \$30 off per person for U-Drive programs (without transportation) with lessons.

Get \$25 off per person for U-Drive adult programs (without transportation or lessons).

514 626-6240

rodroy.com/en

LE GOLF CLUB

10% on a round of golf

Mondays to Fridays 9 a.m. to 6 p.m.

Two locations:

5832 Cote de Liesse,
Ville-Mont-Royal,

514 750-7555

83 chemin de Lotbinière,
Vaudreuil-Dorion,

450 218-7555

legolfclub.com

15% discount

on the regular price of adult classes.

4816 Rivard, Montréal

514 849-4929

esbq.ca/en/recreatif/adults



\$10 discount for an individual or family Randonneur-Lecteur membership at Rando Québec. Promo code: FADOQRQ2023

514 252-3157

randoquebec.ca



Official partner of ARO
CooperAction
InterNational

\$50 discount on any registration for a community or genealogical stay.

514 728-7222

arovoyages.com



10% on cruise tickets for :

- Guided sightseeing and escape cruises with departures from Quebec City and Montreal
- Whale watching cruises with departures from Tadoussac or Charlevoix (Baie-Sainte-Catherine)
- Coach from Montreal to Quebec City + guided cruise packages
- Coach + whale watching packages from Montreal

1 800 563-4643

croisieresaml.com

DOMAINE
CHÂTEAU-BROMONT
— L'ESPACE D'UN INSTANT —

20% from Sunday to Thursday.

90 rue Stanstead, Bromont

1 888 276-6668

chateaubromont.com



10% discount

on cruises aboard Le Grand Cru.

1 888 422-8328

escapadesmemphremagog.com

Fairmont
HOTELS & RESORTS

Save up to 15% on the best daily rate. Promo code : PFDQ

1 800 441-1414

fairmont.fr



Get 15% off the adult rate for tours of Old Montreal East and West. Promo code : FADVAP23

514 844-4021

guidatour.qc.ca

HOTEL

15% discount on flexible rates. A valid membership card must be presented at check-in

10 rue Sherbrooke Ouest,
Montréal

514 843-6000

hotel10montreal.com



Get 15% off Montréal Ghosts public themed tours.

Code promo : FADFANT23

514 844-4021

fantomesmontreal.com



VIA Rail Canada

10% discount

on our best rates at the time of booking. Each member is entitled to bring along three additional travellers. They will also enjoy the discount. Promo code : 810867

1 888 842-7245

viarail.ca



VEHICLES



Discounts of up to **15%**



5% discount off regular price of a complete rust proofing treatment, cannot be combined to any other rust proofing promotion;

10% discount off other auto-care services; this offer can be combined to another promotion;

15% discount off auto-care products available in store; this offer can be combined to another promotion.

1 866 268-4768
antirouille.com



10% discount on the base price for the rental of a vehicle.

514 733-0988
globecar.com

All discounts described are subject to certain terms and exclusions and are subject to change without notice. They cannot be combined with any offers and do not apply to previous purchases. Mandatory presentation of the FADOQ membership card to benefit from the advantages. The FADOQ cannot be held responsible for any problems caused by the modification or withdrawal of certain offers that may arise during the year.

More than 1000 discounts on our web site.
Download the FADOQ mobile application or visit
our website fadoq.ca/en/ile-de-montreal
to learn about them.



Discover FADOQ and all its Advantages



FADOQ – Région île de Montréal
7537, rue St-Hubert
Montréal (Québec) H2R 2N7
514 271-1411

info@fadoqmtl.org ♦ fadoq.ca/ile-de-montreal